



Academic Learning Plan Year 7 Personal Development

Intent:

At key stage 3, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase. Personal Development acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media.



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7 Units	<i>Relationships (RSE)</i>	<i>Health and Wellbeing</i>	<i>Health and Wellbeing</i>	<i>Health and Wellbeing/RSE</i>	<i>Living in the Wider World</i>	<i>Living in the Wider World</i>
Content	<ul style="list-style-type: none"> Relationships values Types of relationships Challenges in relationships Introduction to Consent Challenging negative behaviours 	<ul style="list-style-type: none"> Brain and body changes in puberty Menstruation Sexual orientation and gender identity Bodies in the media 	<ul style="list-style-type: none"> Managing mental health Physical activity and mental health Nutrition 	<ul style="list-style-type: none"> Vaccination and immunisation Sleep <i>Relationships and Sex Education</i> <ul style="list-style-type: none"> FGM Breast ironing/flattening 	<ul style="list-style-type: none"> Goals and successes Overcoming challenges Introduction to careers and types of employment Preparing for exams 	<ul style="list-style-type: none"> Safe and unsafe choices Substances Gangs Exploitation Emergency First Aid
Knowledge organiser	<ul style="list-style-type: none"> KS3 Relationships Knowledge Organiser Vocabulary Knowledge Organiser 	<ul style="list-style-type: none"> KS3 Health and Wellbeing Knowledge Organiser Vocabulary Knowledge Organiser 	<ul style="list-style-type: none"> KS3 Health and Wellbeing Knowledge Organiser Vocabulary Knowledge Organiser 	<ul style="list-style-type: none"> KS3 Health and Wellbeing Knowledge Organiser KS3 Relationships Knowledge Organiser Vocabulary Knowledge Organiser 	<ul style="list-style-type: none"> KS3 Living in the Wider World Knowledge Organiser Vocabulary Knowledge Organiser 	<ul style="list-style-type: none"> Year 7 Living in the Wider World Knowledge Organiser PSHE Vocabulary Knowledge Organiser
Assessment	<ul style="list-style-type: none"> Before/after knowledge established using starters/plenaries such as mind-maps produced using different colour pens Plenaries where students are required to finish sentences such as "Something I learned this lesson is..." etc. Quizzes used to informally assess student's knowledge 	<ul style="list-style-type: none"> Before/after knowledge established using starters/plenaries such as mind-maps produced using different colour pens Plenaries where students are required to finish sentences such as "Something I learned this lesson is..." etc. Quizzes used to informally assess student's knowledge 	<ul style="list-style-type: none"> Before/after knowledge established using starters/plenaries such as mind-maps produced using different colour pens Plenaries where students are required to finish sentences such as "Something I learned this lesson is..." etc. Quizzes used to informally assess student's knowledge 	<ul style="list-style-type: none"> Before/after knowledge established using starters/plenaries such as mind-maps produced using different colour pens Plenaries where students are required to finish sentences such as "Something I learned this lesson is..." etc. Quizzes used to informally assess student's knowledge 	<ul style="list-style-type: none"> Before/after knowledge established using starters/plenaries such as mind-maps produced using different colour pens Plenaries where students are required to finish sentences such as "Something I learned this lesson is..." etc. Quizzes used to informally assess student's knowledge 	<ul style="list-style-type: none"> Before/after knowledge established using starters/plenaries such as mind-maps produced using different colour pens Plenaries where students are required to finish sentences such as "Something I learned this lesson is..." etc. Quizzes used to informally assess student's knowledge

	<ul style="list-style-type: none"> Targeted questioning in lessons Knowledge formally assessed by teachers termly in multiple choice assessments 	<ul style="list-style-type: none"> Targeted questioning in lessons Knowledge formally assessed by teachers termly in multiple choice assessments 	<ul style="list-style-type: none"> Targeted questioning in lessons Knowledge formally assessed by teachers termly in multiple choice assessments 	<ul style="list-style-type: none"> Targeted questioning in lessons Knowledge formally assessed by teachers termly in multiple choice assessments 	<ul style="list-style-type: none"> Targeted questioning in lessons Knowledge formally assessed by teachers termly in multiple choice assessments 	<ul style="list-style-type: none"> Targeted questioning in lessons Knowledge formally assessed by teachers termly in multiple choice assessments
GCSE AO Link						
Homework						
Literacy	<ul style="list-style-type: none"> Vocabulary Knowledge Organisers Keywords explained during lessons Topic specific knowledge organisers in books with topic key words Literacy-focus starters and plenaries e.g. using mini whiteboards, keyword game, hangman etc. 					
CEIAG	Family Support Worker; Health and Social Care	Health and Social Care; Journalism; Counselling/Psychology/T herapy	Nutritionist; Therapist; Psychologist; PE teaching; Personal Training	Medicine; Health and Social Care; Charity work/Raising awareness; Journalism	Teaching; Business	Work in the Police/Emergency Services
Enrichment	External speakers organised when possible; Assemblies; Careers' adviser at school supplements Careers Education					