

Year 7 Physical Education Programme of Study 2022/23

Group & Teachers	Activities *Dates indicate when an activity will start*							
	1	2	3	4	5	6	7	8
	5th Sept (5 weeks)	10th Oct (5 weeks)	21st Nov (4 weeks)	2 Jan (5 weeks)	6th Feb (5 weeks)	20th March (5 weeks)	8th May (4 weeks)	12th June (5 weeks)
7RP/RR Girls (HXX)	Hockey	Rugby	Football	Netball	Dance	Athletics	Tennis	Striking/Fielding
	5th Sept	10th Oct	21st Nov	2nd Jan	6th Feb	20th March	8th May	12th June
7RP/RR Boys (CKO/DTQ)	Rugby	Football	Dance	Hockey	Netball	Athletics	Striking/Fielding	Tennis
	5th Sept	10th Oct	21st Nov	2nd Jan	6th Feb	20th March	8th May	12th June
7GP/7GR Girls (JEV)	Hockey	Rugby	Netball	Dance	Football	Athletics	Tennis	Striking/Fielding
	5th Sept	10th Oct	21st Nov	2nd Jan	6th Feb	20th March	8th May	12th June
7GP/7GR Boys (CKO)	Rugby	Hockey	Dance	Football	Netball	Athletics	Striking/Fielding	Tennis
	5th Sept	10th Oct	21st Nov	2nd Jan	6th Feb	20th March	8th May	12th June
7RQ/7GQ Girls (JEV/HXX)	Hockey	Dance	Netball	Rugby	Football	Athletics	Tennis	Striking/Fielding
	5th Sept	10th Oct	21st Nov	2nd Jan	6th Feb	20th March	8th May	12th June
7RQ/GQ Boys (CKO)	Rugby	Hockey	Dance	Football	Netball	Athletics	Striking/Fielding	Tennis

