



Wadham School

A Church of England Community School

"Life in all its fullness" John 10:10



Tuesday 16th December 2025

Dear Parents and Carers,

RE: Safeguarding Update Letter – Christmas 2025

Happy Christmas! As we are nearing the end of the term and the Christmas festivities are approaching, as a school we want our young people to have the happiest and safest Christmas possible. Therefore, this is the perfect opportunity for us to share some wellbeing and safety information and guidance.

Online safety

With the gift giving season upon us, there will be lots of time with new gadgets and socialising opportunities. I just wanted to remind parents of a few things to look out for.

Unfortunately, although the internet can be an excellent tool, you'll be aware from the media that it can be detrimental to our young people's mental health. To protect them the best way possible, please keep the lines of communication open and discuss online safety with them.

The resources below give guidance on how to keep them safe online:

[Parents and Carers - UK Safer Internet Centre](#)

Childnet International: www.childnet.com

NSPCC Online Safety: www.nspcc.org.uk/online-safety

UK Safer Internet Centre: www.saferinternet.org.uk

To report a crime anonymously – www.fearless.org

There are also some key steps to help ensure your child's safety online, that you as parents can do:

- Set Clear Guidelines: Establish rules about what is and isn't acceptable online.
- Make sure your child understands the importance of privacy and why they should avoid sharing personal details with strangers.
- Use Parental Controls: Many devices and apps have settings that allow you to limit screen time, block inappropriate content, and monitor online activity. These tools can help keep your child safe while they explore the internet.
- Encourage Responsible Social Media Use: Talk to your child about the potential risks of social media and remind them to be mindful of what they share. Remind them that anything posted online can be permanent, even if deleted.



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Peer Pressure

There may be more opportunities to socialise during the festivities, so the risks of peer pressure can increase.

Please remind your child/children of the dangers of peer pressure and give them the skills and the knowledge to avoid unsafe behaviours such as drinking alcohol, smoking/vaping etc.

Here are some useful sources of support for young people and parents:

[Peer Pressure: What it is and How to say no | Childline](#)
[Tips For Coping With Peer Pressure | Mental Health | YoungMinds](#)

Security of personal Information

Keeping Data secure is another concern, with our increased use of technology.

Please remind your children that they must protect their passwords and personal details, etc. as fraudsters are very clever. Remind them, when using social media, never to post personal information or have identifiable things, like bank cards, in the background.

Furthermore, if you receive information through the post that is not addressed to you - do not open it, it is a criminal offence to open someone else's mail. Put it back in the post addressed to the sender or with "not known at this address" written on it.

Do not try and be helpful and post the letter address, etc. on a social media platform as you do not know who then will have access to that information.

[Staying safe online | Childline](#)

Stranger Danger

Finally, you will have had a couple of safeguarding alerts from me about stranger danger and a man approaching young females locally. Please remind your children of how to keep themselves safe, when they are out in the community on their own.

For further support on a variety of issues regarding wellbeing, please visit the Wadham School website: [Wadham School - Safeguarding @Wadham School](#)

Have a lovely, safe Christmas, when you get there.

Yours faithfully,

Sarah Coombe
Deputy Headteacher
Designated Safeguarding Lead