



Wadham School

A Church of England Community School

"Life in all its fullness" John 10:10



October 2025

Dear Parents and Carers,

RE: PE Kit – Expectations and Information

This letter is a reminder regarding expectations and safety in PE, including PE kit and keeping warm in the colder months. Should you have any further questions please contact me using the email address below.

PE Kit Expectations

Essential PE Kit

Students are expected to wear full PE kit for all PE lessons. The PE kit consists of:

- Wadham PE polo shirt
- Plain black shorts or plain black skort, or plain black sports leggings
- Wadham sports socks or plain, long black sports socks
- Sports trainers (not fashion trainers and no 'astro' boots for indoor use)
- Studded boots for certain sports (rugby, football, hockey)

With the exception of footwear and leggings, all items above can be purchased from the school and the easiest way to order them is via your online Ipay account. However, the socks, shorts and skort, could be purchased elsewhere, as long as they meet the criteria above (i.e. plain black).

Optional PE Kit

There are also non-gender specific, optional items which can be purchased via Ipay and worn including:

- Wadham rugby jersey
- Wadham quarter zip, long sleeve training top.

Whilst the items are considered optional, we encourage as many students as possible to purchase them to keep warm in the colder months. Alternatively, students could choose, for example, to wear a vest or plain black 'skins' underneath their polo top to keep warm. Students can also wear plain black joggers in the winter months (between October half term and Easter), as well as hats and/or gloves at the discretion of their PE teacher.

Please note the following:

- Lycra tight fitting shorts are not permitted, this includes 'Nike Pros'
- There is no option to wear the school jumper during PE lessons
- There is a risk a polo shirt could get ripped playing rugby, this is very unlikely with a rugby jersey

Other Key Information

- False or long nails are not permitted as part of the wider uniform policy. They also present a significant safety issue in PE. At the start of Term 2, Monday 3rd November, please ensure your child does not have nails (natural or fake) which extend beyond the end of the finger.
- Students with long hair will need to bring a hair band and tie it up for every lesson
- All jewellery (including watches and piercings etc) must be removed for every PE lesson



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- As part of the PE curriculum, we teach dance and gymnastics. For these lessons, students are expected to be barefoot. This follows the guidance provided by the Association for Physical Education. Students should bring a plasters if they have a verruca.
- We are encouraging all students to check their timetable every evening and pack their PE bag the night before as required. Students who forget all or part of their PE kit regularly can expect a consequence.

Students will not receive a consequence if they bring a note from a parent or carer explaining why they have not got their full PE kit. If you believe your child will need additional help managing their PE kit, please contact your child's PE teacher.

Students who do not have kit will be expected to borrow PE kit from the department.

If a student is ill or injured, they must have a note from their parent or carer. **Students should still bring their PE kit to the lesson and their PE teacher will decide if it is safe and appropriate to get changed.**

Where appropriate, these students will still take part in a non-physical role in PE lesson, for example by coaching, leading or officiating.

Personal Protective Equipment (PPE)

To keep students safe, it is **strongly recommended** that students purchase and wear the following when participating in the following sports in lessons:

- Hockey (shin pads and gum shield)
- Rugby (gum shield)
- Football (shin pads)

These PPE items are **compulsory** for students who choose to represent the school and play competitive fixtures in the above sports.

If you are experiencing financial hardship with purchasing kit, please contact the school office, as help may be available.

Thank you in advance for your support.



Yours sincerely

Mr Owen

Head of PE

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