

## WADHAM LUNCH MENU, WINTER 23/24

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	<b>Cheese &amp; tomato pizza (G, MI)</b>	<b>Roast beef</b>	<b>Meatballs in tomato sauce</b>	<b>Chicken &amp; veg pie (G)</b>	<b>Fish fingers (G, FI)</b>
<b>OPTION 2</b>		<b>Cauliflower cheese (MI)</b>	<b>Vegan balls in tomato sauce (SO)</b>	<b>5 Bean crustless quiche (G, E, MI)</b>	<b>Veg nuggets</b>
<b>JACKET POTATO WITH SALAD</b>	<b>Cheese &amp; beans (MI)</b>	<b>Cheese (MI)</b>	<b>Beef or vegan Chilli or cheese (MI)</b>	<b>Cheese (MI)</b>	<b>SWEET CHILLI CHICKEN ENCHILADAS</b>
<b>SIDES</b>	<b>Wedges &amp; baked beans</b>	<b>Roast potatoes &amp; mixed Veg</b>	<b>Pasta &amp; garlic bread (G, MI)</b>	<b>Potatoes</b>	<b>Chips &amp; peas</b>

WEEK 2	MON	TUE	WED	THUR	FRI
<b>OPTION 1</b>	<b>Sausage (SO, SU)</b>	<b>Roast chicken</b>	<b>Beef lasagne (G, MI)</b>	<b>CHICKEN CURRY</b>	<b>Fish Fingers (FI, G)</b>
<b>OPTION 2</b>	<b>Vegan roll (G, SO, SM)</b>	<b>Vegan sausage (SO)</b>	<b>Macaroni cheese (MI, G)</b>	<b>Veg CURRY</b>	<b>Veg &amp; bean burger</b>
<b>JACKET POTATO WITH SALAD</b>	<b>Cheese, beans (MI,)</b>	<b>Cheese (MI)</b>	<b>Chilli or cheese (MI)</b>	<b>Cheese (MI)</b>	<b>SWEET CHILLI CHICKEN ENCHILLADAS</b>
<b>SIDES</b>	<b>Baked beans &amp; herby potatoes (MI,)</b>	<b>roast potatoes, veg &amp; gravy</b>	<b>Veg, GARLIC BREAD</b>	<b>Rice</b>	<b>Chips &amp; peas</b>

WEEK 3	MON	TUE	WED	THUR	FRI
OPTION 1	Beef burger in a bun (G, MI)	Gammon	Beef BOLOGNAISE (G,)	Corned beef & potato pie (G, MI, C)	Fish fingers (FI, G)
<b>OPTION 2</b>	Quinoa & rice burger in a bun (MU, SO, G, SE)	Vegan sausage (SO)	Cheese, pepper & mushroom omelette (MI, E)	Cheese & broccoli crustless quiche (G, MI, E)	Veg & bean burger
JACKET POTATO WITH SALAD	Cheese, beans (MI)	Cheese (MI)	Chilli or cheese (MI)	Cheese (MI)	SWEET CHILLI CHICKEN ENCHILLADAS
SIDES	Baked beans & wedges	ROAST potatoes, veg & gravy	Garlic bread (MI, G)	Veg & potato	Chips & peas

**OPTIONS AND SIDES CAN ALSO BE ORDERED SEPARATLY.**

**ALL FOOD CAN BE PRE ORDERED DAILY, BEFORE MORNING REGISTRATION OR AT BREAK TIME.**

**OPTION 2 IS AVAILABLE DAILY, BUT IS A PRE ORDER THE DAY BEFORE ONLY,**

**GLUTEN AND DAIRY FREE OPTIONS ARE ALSO AVAILABLE FOR PRE ORDERS.**

ALLERGENE INFORMATION:

CONTAINING: (G) GLUTEN, (E) EGG, (M) MILK, (C) CELERY, (F) FISH, (MU) MUSTARD, (SU) SULPHITES, (SO)SOYA, (N) TREE NUTS, (L) LUPIN, (SE) SESAME SEEDS, (O) OATS, (SM) SODIUM Metabisulphite, (B) BARLEY

**PRICE: LUNCH**

**HOT & COLD MEAL DEALS £3.00 (HOT MEAL OR SANDWICH, PLUS DRINK AND A SNACK)**

**HOT MEALS £2.30**

**SANDWICHES/ WRAPS/BAGELS/ PASTA POTS £1.80**

**MAIN PORTION OF THE DAY (NOT AS MEAL) £1.80**

**POT OF CHIPS/ ROASTIES/ WEDGES £1.60**

**ADD**

- **CHEESE 50P**
- **BEANS 50P**
- **CURRY SAUCE 50P**